

Supporting Social, Emotional and Mental Health of Children and Young People



Elklan courses are externally quality assured and accredited through OCN London

A course for those working with children and young people who have social, emotional and mental health needs. It explores the link between SEMH and communication providing information and strategies.



henrietta@elklan.co.uk
+44 (0) 1208 841450
www.elklan.co.uk

Supporting Social, Emotional and Mental Health of Children and Young People

This specialist course provides you with theoretical knowledge and practical skills and ideas to support the social, emotional and mental health of children and young people. With two age ranges to choose from (under 7s and over 7s), you can complete the course that best suits the age of the children or young people you work with. Written as a specialist course you must have completed an Eiklan core course before attending this training.

The course uses interactive teaching methods, practical activities, videos and group discussion to engage you and support you in your learning. Available as face to face training and blended e-learning. You can also purchase the e-learning alone with no accreditation or webinars to attend.

What does this course teach?

1. What is SEMH? and the link between SEMH and SLCN

- Explore the causes of SEMH needs
- Understand the link between SEMH and SLCN
- Learn how to use a SEMH development checklist

2. Theories to explain SEMH

- Explore attachment theory
- Understand the impacts of trauma on SEMH
- Learn about the emotional brain

3. Language and vocabulary development to support SEMH needs

- Refresh your knowledge of the Blank Language Scheme
- Explore a range of strategies to support vocabulary learning, spoken language and narrative skills, with a specific focus on SEMH

4. Supporting social communication and emotional literacy

- Understand how Lego™ Therapy can be used to support social interaction and communication
- Explore a range of play and relationship-based approaches to supporting children and young people with SEMH needs
- Learn about frameworks to support self-regulation

5. SEMH aware environments

- Understand what a SEMH aware environment looks like
- Explore how the role of the adult can support SEMH
- Understand the importance of working with parents and carers
- Learn how to use a SEMH aware checklist to reflect on your setting

“ This course is a must for anyone who is working with young children. I found the course content really beneficial to my role as an Advisory Teacher. The delivery was excellent and the practical activities allowed me to reflect on current practice. Upon finishing the course, I have made huge changes to my approach to working with children who have or are experiencing trauma. ”

